

Women's Gathering - Newport Beach, CA

I am so excited to offer you, based on your feedback, a unique gathering for women who want to:

1. Build a community of like-minded friends.
2. Have deeper, more meaningful conversations.
3. Get support for your found and unfound passions and creativity.
4. Develop your inner world of spiritual connections.

From an early age, I have lived a life of unexpected changes. I have also been blessed to receive spiritual connections that visibly and auditorily arrived in 1979, which I will share at the gathering.

These unexpected shifts were the reason I re-invented my career ten years ago, wanting to be a guide and teacher to help others through change.

I was a Speech Therapist for decades. My website, [LIFE IN TRANSITION](#), led to presentations, private sessions, mentoring, photography, writing for top media such as the [Wall Street Journal](#).

I lead workshops and retreats at [The Golden Door and Spa](#), RANCHO LA PUERTA, CAL A VIE, RED MOUNTAIN, as well as the corporate and private sector. Some of my topics are:

- Navigating the Unknown: Transitions, Now What?
- Empty Nest: Life Beyond Parenting
- The Modern Parent
- From Illness to Wellness: It's A Personal Journey
- Spiritual Awakenings
- The Cruelty of Loss

SO HOW DOES THIS GATHERING HAPPEN?

We will meet three times a year at a private home that views the ocean, surrounded by nature in Newport Beach, CA.

Ongoing support will continue throughout the year by email and Skype.

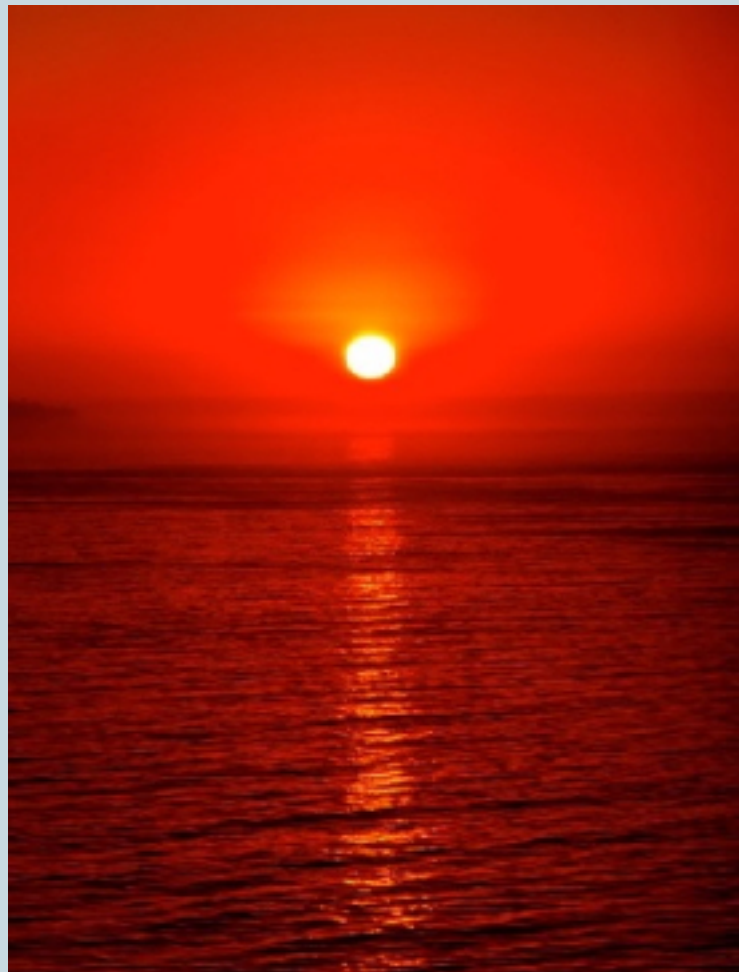
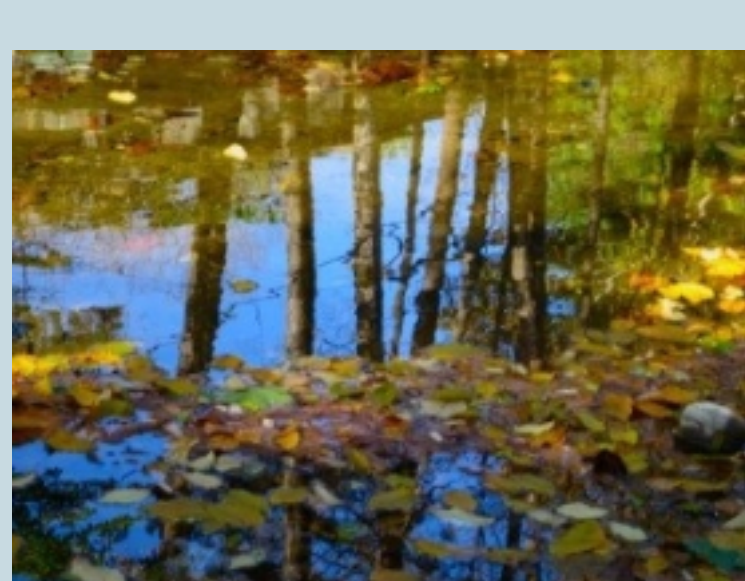
Because each gathering will include individual sharing, there is only room for 8-10 people. I know some of you want to bring your friends.

I have been facilitating women's groups since 1982. One of my passions is to listen to you and then ask questions that help you find your answers:

1. What diminishes you and in what situations? For example, is it being told, "You are so needy or so controlling"? Is it that no one seems to ever ask about your life and talks often about theirs? Is it that you feel forgotten?
2. What conversations do you want to stop spinning over and over in your head with yourself and others?
3. What do you want to weep about and can't access or share with others?
4. What have you longed to experience that hasn't happened yet?

Our time together will be facilitated in both experiential and presentation format that includes:

- Dream work
- Mind, body, and spiritual experiences. Open to your inner guides and wisdom.
- Rest time to simply be with yourself and integrate.
- Safe space for each of you to share a project, an interest, a question you are walking, name a way to make a specific shift, new eyes and intuition on your passions. We will help you discover what creativity wants to surface.
- New techniques for communicating with people in your life that will keep your conversations open rather than backed into a wall or explosive.

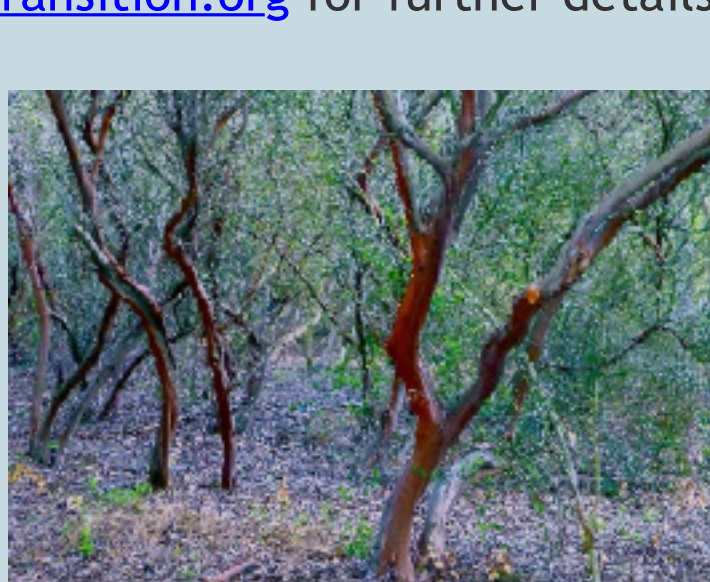


LOGISTICS:

- **LOCATION:** Newport Beach, CA, close to Laguna Beach. Address given at registration
- **DATES:** October 6-8, 2017, January 12-14 and April 13-15, 2018
- **TIMES:**
 - **FRIDAY** evening 6pm-9pm
 - **SATURDAY**, 9am-noon. **LUNCH TOGETHER**, 2pm-5pm session. Dinner on your own.
 - **SUNDAY**, 9am-noon. Hugs goodbye until we meet again.
- **COST:** \$500.00 for the weekend, lodging and transportation not included



If this gathering interests you, please call (800) 446-3310, Pacific time, or email natalie@lifeintransition.org for further details and questions.



"THE ULTIMATE TOUCHSTONE OF FRIENDSHIP IS NOT IMPROVEMENT, NEITHER OF THE OTHER NOR OF THE SELF, THE UNTIMATE TOUCHSTONE IS WITNESS, THE PRIVILEGE OF HAVING BEEN SEEN BY SOMEONE AND THE EQUAL PRIVILEGE OF BEING GRANTED THE SIGHT OF THE ESSENCE OF ANOTHER TO HAVE WALKED WITH THEM AND TO HAVE BELIEVED IN THEM, AND SOMETIMES JUST TO HAVE ACCOMPANIED THEM FOR HOWEVER BRIEF A SPAN, ON A JOURNEY IMPOSSIBLE TO ACCOMPLISH ALONE."

DAVID WHYTE, POET

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